



**Suicide, Mental Health and Life Events:
Is early intervention the key to reducing suicide levels in Scotland?**

26 May 2010, Edinburgh

Conference Programme

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| 09:00-09:50 | Registration |
| 09:50-10:00 | Chair: Lynda Gauld, Baccus Consulting Ltd
Chair's opening remarks |
| 10:00-10:25 | Alex McMahon, Deputy Director, Strategic Planning & Modernisation, Lothian NHS Board
'Suicide is everyone's business' |
| 10:25-10:45 | Question and Answer Session |
| 10:45-11:10 | Refreshments |
| | Early Intervention/Early Detection Strategies |
| 11:10-11:30 | Steve Platt, Professor of Health Policy Research, University of Edinburgh
Socio-economic inequalities in suicide: evidence and implications for early intervention |
| 11:30-11:50 | Jacquie Nicholson, Manager, Edinburgh Crisis Centre
Community-based Interventions in the Prevention of Suicide: experiences of the Edinburgh Crisis Centre |
| 11:50-12:10 | Ola Skrzypulec and Maria Naranjo, Self Harm Development Worker's Penumbra
Early response service for people who self harm |
| 12:10-12:30 | Darren Rocks, Health Improvement Programme Officer, Choose Life
Choose Life - The national strategy to prevent suicide in Scotland |

12:30-13:00 **Question and Answer Session**

13:00-14:00 **Lunch**

14:00-14:05 **Chair: Lynda Gauld, Baccus Consulting Ltd**
Chair's welcome back

Supporting Strategies

14:05-14:25 **Wendy Kinnin, Youth Counselling Services Manager**
Renfrewshire Association for Mental Health
Responding to suicidal/self harming young people in a
school setting

14:25-14:45 **Sue Maxwell, Head of Network Services,**
Relationships Scotland
Threats and resilience in relationships through life

14:45-15:05 **Dr David Christmas, Consultant Psychiatrist,**
Ninewells Hospital & Medical School
Black swans and suicide risk reduction – identifying the
best strategies

15:05-15:25 **Maruska Greenwood, Director,**
LGBT Centre for Health & Wellbeing
Risk factors and early intervention work with LGBT
people

15:25-15:50 **Question and Answer Session**

15:50-16:00 **Chair's closing remarks**

16:00 **Close of conference**